

The American Academy of Sleep medicine recommends:

"Oral Appliances are indicated in patients with mild to moderate OSA who prefer their use to continuous positive airway pressure (CPAP) treatment or who are inappropriate candidates for or who are refractory to CPAP treatment."
Remember that 60% of CPAP users are non-compliant. Under these circumstances, we offer:

Dental Appliances to stop sleep apnea.

All dental appliances position the lower jaw down and forward of the natural jaw position which has the effect of tightening the soft tissue at the back of the throat which prevents it from collapsing.

Somnomed MAS

The fin-coupling mechanism on the lower arch of the SomnoMed splint ensures that your lower jaw (mandible) remains in the correct position, whether you sleep with your mouth open or closed – or open your mouth for any other reason, such as to take a drink.

This freedom to move your jaw up and down, without compromising the effectiveness of the device, is a unique feature of the SomnoMed MAS™.



TAP3

The TAP Appliance uses thermoplastic bases and a unique adjustable bar and hook arrangement in the front of the appliance to achieve effective positioning and comfort. The custom designed bases are well retained through frictional grip on the teeth, the hook from the upper engages the bar on the lower and the projecting handle is rotated to attain the desired forward position. Some lateral as well as a little vertical movement is possible, and all of the adjusting mechanism is located at the front of the appliance.



Dr Hedge will decide which appliance is most appropriate for you.